



CrossCounsel International Ministries, Inc.

"Immediate Help. Lasting Hope. *Changing Generations...*"

"Call upon Me in the day of trouble..."- Psalm 50:15

CCIM Info Packet

CrossCounsel Int'l Ministries ©2010

Thank you for your interest in CrossCounsel International Ministries. This packet can be printed from your home computer and will be helpful in your journey towards wholeness and freedom in Jesus Christ. Please check periodically in the future to see if we have made any further updates in this information.

For those coming to receive ministry, it will save you time to fill out the Hold Harmless Agreement in advance. We've also included the information in the Hold Harmless in a condensed version for your keeping. We take this ministry very seriously. We encourage you to take the time to get a grasp of what CCIM is about. We believe that if you reach out to what the Lord has to offer through our ministry, you will not be disappointed in the results.

We are "Actively Pursuing a Transformational Friendship with God". The Creator and Ruler of the Universe, Alpha and Omega, the Great Deliverer, Savior and Redeemer seeks a friendship with us. Our hearts and our minds, with all our fears, hurts, anger, etc., are at this moment, exactly where we are choosing to be. Yet we desire to be in a better place. Our hearts don't often line up with what our doctrine or theology tells us what we should feel or know.

The God of unconditional love wants us to draw near to Him as He draws near to us. The Bible is filled with conditional promises. We can help you see what choices you need to make in order for Him to make changes inside of you. We count it as a deep privilege to walk along side those who wish to do holy business with God.

Blessings and Peace,
Rev. Steve Freitag
Executive Director of CCIM

Included in this packet:

- Ministry Referrals
- FAQ's
- Theophostic Prayer Ministries® Session Guidelines
- Hold Harmless Agreement
 - Financial Understanding
 - Cancellation Policy – [please keep this in mind. Our time is valuable too!](#)

CrossCounsel International Ministries (CCIM)
4690 Cottage Grove Rd.
Madison, WI 53716

(608) 819-6626
office@crosscounsel.com
www.crosscounsel.com

Ministry Referrals

Referrals from Pastors and Ministry Leaders about CrossCounsel

- *"As I've referred people to CrossCounsel, I've found that they have personally experienced what our church believes in: the **NOWNESS** of God. He is present, personal, relevant and active in our lives. He heals, delivers, and speaks to our deepest hurts. Jesus brings freshness into our relationship with Him and others while also freeing us from countless struggles, addictions, and depression."*
-Shane Holden, Lead Pastor, Damascus Church, Madison, WI
www.damascusroadchurch.com
- *"CrossCounsel's ministry is a tremendous resource for pastors and churches. We highly recommend their services."*
-Pastor Roger Olsen, Grace Church, New Glarus, WI
www.gracechurchnewglarus.org/cms/
- *"CrossCounsel has been a blessing to us at Mad City Church. They have worked with several people through personal ministry, a Focus Group, teaching at our Prayer Intensive and Sunday morning messages by Steve Freitag."*
-Joel Alberti, Pastoral Care, Mad City Church, Madison, WI
www.madcitychurch.com
- *"I've been a Christian for over forty years. I've studied hundreds of ministry approaches and movements in the church. Most are just fads. This is not. Two hundred years from now I predict that church history students will mark 1996 as the year Theophostic Prayer Ministry began."*
-Dwight Clough, Dwight Clough Ministries
www.empowergood.com, and Supporter and Trainee of CCIM

Theophostic Prayer Ministry Referrals

- Paul Meier, cofounder of New Life Clinic in Dallas, calls Theophostic ministry "a helpful part of a long-term process of growth and discipleship."
- Mark Verkler, one of Meier's New Life colleagues in Dallas, also supports Theophostic ministry. "I was skeptical at first—it sounded too good to be true—but have found it remarkably effective."
- Neil Anderson's book, *Christ-Centered Therapy* (Zondervan, 2000), features Theophostic in one of the chapters, "The Counseling Assistance Tool Kit."
- Mark Bubeck, who wrote *The Adversary*, inner-healing teachers John and Paula Sanford, and Charles Kraft of Fuller Theological Seminary have supported Theophostic methods in varying ways.

General FAQ's

CrossCounsel uses the principles of Theophostic Prayer Ministry®. What is it?

We believe in a personal relationship with Jesus. When we are ready, He exchanges Truth for false and damaging beliefs deep inside our souls (Psalm 51:6). Theo (God) phostic (light) is a divinely powerful and thoroughly Biblical approach based on "When the Son of Man sets you free, you will be free indeed" (John 8:36). When the Lord deposits Truth in our heart (beyond our logical understanding), a miraculous change occurs inside our mind bringing "the peace that transcends all understanding" (Phil 4:7).

Who needs this type of ministry? Why?

Though your path may not include Theophostic Prayer Ministry, it is our belief that everyone this side of heaven is in need of transformation. We simply believe that this is the best of many tools we've found in being intentional and focused in attaining that transformation.

- Jesus said that it is easier to see the speck in another's eye rather than the log in our own eye (Matt 7:3). Ouch... We all must come to realize that we all are in the process of needing our hearts and minds renewed.
- Ask yourself, "Is this is good as it gets? Can you imagine that Jesus can and wants to do a deeper work in you? What would that look like for your life, your relationships, your perspective on the world we live in?"
- All of us are a work in progress. We at CrossCounsel continue to see God transform our own lives. It has not just challenged our theology; it has changed every minute of our lives. The same can happen for you.

We are battling the false premise that people are divided into two groups: the ones who help others and the ones who need help. Spiritual growth, emotional healing and mind renewal are opportunities for all of us. God desires to bring truth and freedom to all of us. The more we take a look at how we operate inside, the more we begin to understand how much work the Lord wants to do in us.

Christians often talk about "walking in the Spirit" but struggle in its meaning. As we allow the Lord to do His work in us, we experience "perfect peace" (Jesus' Spirit) in areas that have in the past only known turmoil (insecurities, fear, anger, loneliness, addictions, criticisms, etc). Instead of being quenched by lies, sin and grief, His Spirit is released in us --- resulting in living and walking with the Spirit.

We also encourage bringing someone with you to be in the office as a prayer partner / intercessor. We do sometimes have a person in training that will be present. Please let us know if that is a problem for you.

Financial FAQ's

Do you charge for your ministry?

We sustain the ministry via donations. The goal of the CrossCounsel Board is to bring in \$450 per day to cover ministry operation expenses. Therefore, we request a donation of \$90 for "Expert Facilitators" (Steve Freitag) and \$60 for "Advanced Facilitators (several). A *minimum donation* of \$30 is necessary. Appointment times average around 75 minutes but can be adjusted as the need arises.

This is considerably less compared to what most counselors charge for 50 minutes. Our board believes that this amount is low considering the expertise and skill found at CrossCounsel. Not to mention that issues are often dealt with in less than half the time of traditional counseling!

Clients must also agree to the conditions of the "Cancellation Policy" below.

Thankfully, the Lord has sustained CrossCounsel through generous donors who contribute financially on a monthly basis or by special gifts. This helps supplement those who are unable to donate the requested amounts. It is our desire to partner with more churches locally to also offset the cost of running our organization.

It is also important to note that donations to the ministry are tax-deductible. Checks are for support of the ministry and not for "services rendered".

Do you have a "Cancellation Policy"?

YES! Please understand this before coming for ministry. Everyone's time is important. People often wait several weeks to get in. Therefore, clients who need to cancel must do so 2 full business days ahead of time. When this is not possible, or if an appointment is missed, financial compensation is required (unless we have had time to fill the appointment). This means at least the minimum donation of \$30, but hopefully the \$75 or \$90 suggested donation.

Marriage – FAQ's

Do You Do Marriage Counseling?

That depends on how you define Marriage Counseling. If you are looking for someone to simply sit in the middle of you and your spouse while each tells his or her own side, then we're not the place for you. Neither will we make suggestions as to how to cope with each other's issues or "landmines" that often destroy marriage. Landmines can be stepped around and sometimes avoided. But this is a continual battle that doesn't change the real issues. We believe there is a better way.

We do meet with couples. If both are present, then we may take some time to put several issues on the table. Then each person individually will be ministered to by using the Theophostic Prayer Ministry® (TPM) approach and process. Conflict in marriage is most often a result of having one's lie-based thinking exposed or brought into the light. This usually bumps up against the other's lie-based thinking. Both individuals are then "triggered" and therefore cannot communicate effectively (or willingly). The cycle continues as long as the false beliefs are there.

As each person is willing to take responsibility for his or her false thinking, not blame anyone else, and allow the Lord to renew the false thinking with His experiential truth (see next section), we find that couples begin to relate quite well with each other. Spouses discover that the major landmines that used to be in their marriage are no longer there. Other issues may then surface, but those who are faithful to this process will continue to "be transformed by the renewing of your mind" – Romans 12:2.

Finally, to be clear, since the word "counseling" is a hot button topic, we go to great lengths not to counsel. We enjoy letting the Lord fulfill His role as the Wonderful Counselor. We do our part as King David did with the Israelites as he "shepherded according to the *integrity* of his heart, and guided them by the *skillfulness* of his hands" Psalm 78:72. This partnership has worked well to be sure.

Appointments – FAQ's

How often should I come?

This is a process, but it is an event-by-event process. Heart changes can happen in an instant similar to physical healing in the New Testament. It is also discipleship because your mind is being trained to think in a much different paradigm. I suggest that people give this a try for 3-5 sessions (every 2-4 weeks) before evaluating their experience. Some people sense nothing happening after one session, others have major issues in their lives changed in an hour. For others it takes days or weeks for "the light to go on" to understand what the Lord has done. We are all created as unique individuals and we each have had different life experiences.

We are never "done" in this process because our minds are never fully "renewed" this side of heaven. Several people come back after many months to further go through this process --- reaching new levels of growth and renewal. Most people who go this far also learn to pray on their own this way, bringing new depths to their personal time with God. The idea of "pray without ceasing" becomes an exciting reality.

What to do between appointments?

First, we strongly encourage you to read "Healing Life's Hurts Through Theophostic Prayer." The first 3 chapters are available free of charge at www.theophostic.com

The Lord loves us, meets us, and is glorified in our weaknesses. Though we often minimize them, these weaknesses (turmoil, disappointment, frustration, etc.) expose areas that God wants to transform. Pray for the grace and strength to believe this, to see what these areas are, and to find the original source of these feelings. It is easier to deny or rationalize these hurts, but one of my prayers is, "Lord, show me the way things are, not the way I think things are."

Next, reframe your thinking by not instantly blaming at others when you get "stirred up." Whatever reaction goes on inside of you comes from your soul and deep inner belief system. The enemy is most successful in attacking us by exploiting false inner beliefs in our stirred-up state of mind. To minimize the effectiveness of the deceiver's "schemes" and "flaming arrows" (Eph. 6:11,16), we need Jesus to renew our beliefs with Truth at the core level.

Be aware of reactions you have to "triggering" situations. *Make time to focus on the emotions involved. Ask the Lord to help you find out your "history" with this emotion. Find the earliest memory and allow the intensity of it to surface. Discover the false beliefs imbedded there. When you are ready and willing, simply ask the Lord to give you His perspective and Truth regarding the lies there. We can then check out those places when you come in next.

Don't be discouraged by "walls". Finding walls simply means that your mind is working hard at protecting something important.

There is never nothing happening in our minds – though that may be our perception. You'll be amazed at what the Lord does to strengthen your faith here. He always meets us where we are – but He wants to take us far beyond that.

*A detailed explanation of this approach is found in "Healing Life's Hurts Through Theophostic Prayer." We strongly encourage you to purchase a copy (\$14). Checks for materials can be made out to "CrossCounsel".

Fourteen Key Principles of Theophostic Prayer Ministry®

We have discovered at CrossCounsel that these principles have proven themselves to be true over and over since beginning this ministry in 1998. Some of these may seem obvious. Others cut against the conventional wisdom of our culture and the Church. Regardless, they become most real when experienced and integrated personally through the Holy Spirit. For further teaching on these principles, we encourage the Basic TPM® Seminar.

1. Our Present Situation is Rarely the True Cause of Our Ongoing Emotional Pain.
2. There is a "Dual Mental Process" Going On in Each of Us.
3. People Can Hold Two or More Opposing Beliefs at the Same Time.
4. Feelings are Important Indicators of Our True Beliefs.
5. If I Believe a Lie* the Consequences Will Be Much the Same as if it Were True (Lie = an Internal False Belief or Self-Belief. Examples: "I'm worthless, no good, I can never do enough, I'm dirty, I'm all alone, I'm trapped, etc.).
6. To Be Free of the Lies We Believe, We Must Own Them Rather Than Deny Them.
7. Sinful Behavior is Often a Vain Attempt to Manage Our Emotional Pain.
8. Performance-Based Spirituality is Not True Spirituality.
9. When We Receive Truth from God in Memories Where We Harbored Lie-Based Thoughts, We Can Walk in Effortless Victory in These Areas.
10. Only an Encounter with the Presence of Jesus through the Holy Spirit Can Free Us from the Lies We Believe.
11. We Are in Emotional Bondage Due to Two Basic Factors – Belief and Choice.
12. The Written Word of God is the Standard for Validating What Occurs in Ministry.
13. Lie-based Pain Can Only Be Removed as Lies are Replaced with Truth, Whereas the Only Remedy for Sin-based Pain is the Cross of Jesus Christ.
14. Mind Renewal is a Life Long Process.

Theophostic Prayer Ministry Session Guidelines

Theophostic Prayer Ministry (TPM) is basically prayer and not traditional counseling (giving advice, diagnosing, providing insight, giving direction, proving steps of action, the facilitator solving the person's problems, etc.). Therefore a TPM facilitator should never offer this type of counsel, but rather intercede with you to God. A TPM facilitator should encourage you to discover, while depending on the Holy Spirit, the lies you believe that are at the source of the emotional pain in your life.

1. A TPM facilitator should not take on the responsibility at any level to resolve your problems, issues or pain in your life, but should encourage you to own your emotional pain, take responsibility for your own thinking, not blame other people or circumstances for your emotional reactions and move forward toward God's resolution, which is found in truth.
2. A TPM facilitator should never pressure you to go to any particular memory, or to do anything that you do not choose to do. It must be left up to you to make all the decisions about how far you will move toward your pain, whether you will embrace the pain, identify the lies you believe and whether you will offer up the lie-based thinking you discover to the Lord for His truth. You should be given complete freedom to stop the process at anytime. Everything in the session should be determined by your own belief and free choice.
3. Any information you share during the ministry session should be held in utmost confidentiality. A TPM facilitator should not share any information without first obtaining permission from you.
4. A TPM facilitator should avoid all forms of guided imagery and/or directed visualization and seek to allow you to have a genuine mind renewal experience, prayerfully directed by the Holy Spirit, while avoiding making any additional input.
5. A TPM facilitator should not make ANY suggestions as to what he or she thinks your memory content may contain. The facilitator should avoid making suggestions as to what he or she assumes your lie-based thinking may be and thus allow you to make this discovery yourself.
6. A TPM facilitator should only ask questions that are reflective of the actual memory content or other pertinent information that you alone have surfaced and avoid all questions or comments that are leading or reflect his or her opinions or assumptions.
7. A TPM facilitator should not attempt to interpret or give explanation to ANY information, visual or other inner mind reality that you report. Rather, he or she should encourage you to listen and receive understanding from the Holy Spirit and come to your own understanding.
8. A TPM facilitator should not interpret your dreams or visions you may experience outside the ministry session, but rather will only encourage you to identify and embrace any negative emotion that may surface as a result of having these experiences and seek to identify any lie-based thinking that may be related to such emotion.
9. A TPM facilitator should withhold judgment as to whether the content of your memory is true or false since he or she has no way of knowing what is true or not in the context of a ministry session. The facilitator should allow you to come to your own conclusions in your own time concerning the validity of the content of your memories. He or she may help you in validating your memory information to the degree that he or she is able but only if this is what you desire.
10. Should the TPM facilitator personally have some visual picture appear in his mind that he believes is related to your memory, he will not report this to you lest ideas not your own be implanted into your thinking. Should your experience cause the TPM facilitator to see images or pictures, he'll not share these with you at any time.

11. A TPM facilitator should not supply you with what he or she may think God wants you to know during the ministry session, and should not hinder the ministry process by inputting his or her own personal assumptions, insight, thinking or that, which provides you with knowledge you did not surface on your own. The goal of the ministry is that you have a genuine encounter with the Spirit of Christ. The facilitator should reserve his or her sharing knowledge, teaching, giving insight, etc. for the time following the prayer ministry session. The facilitator should never at any time give his or her opinion or thinking about any aspect of the content or assumed content of your memory.
12. A TPM facilitator can ask the Holy Spirit to give you the courage and the grace to let go of your mental defenses, go where you need to go in a memory, and thus remember what you are willing to remember and have the capacity to embrace. The facilitator can ask the Holy Spirit to give you the wisdom to identify the lies you believe that are contained in these memories. However, he or she should not ask Jesus to take you anywhere in your memories or ask Him to tell you the lies you are believing since your moving forward is an act of your free will which the Lord chooses not to violate. All of this will become known to you when you make the decision to identify what you feel and believe. The Lord will not violate your will in this manner.
13. A TPM facilitator should be careful to discover and call attention to any aspect of "truth" or visual you might receive during a ministry session that does not appear to be authentic and/or Biblically consistent. Should this happen, the facilitator should encourage you to evaluate what you have reported with what the Bible says to see what is true or not and where the false information may have originated.
14. A TPM facilitator should not make any diagnosis or suggestive opinion of what he or she may think your problem or emotional mental condition may be unless he or she is a trained and qualified professional, skilled in making such diagnosis. Even if a facilitator is a qualified mental health professional, making a medical or mental diagnosis is still not a part of what is understood to be TPM.
15. A TPM facilitator should be careful not to go beyond his training, expertise or abilities in ministry. The facilitator should seek to network with others who are more equipped and work under their supervision, if possible. Should he enter a place that is beyond his knowledge and understanding, he should seek to defer to others more equipped. At the same time, it is acknowledged that as a member of the Body of Christ every Christian is called to minister, pray and encourage any person who is downtrodden, emotionally wounded or in need of an encounter with the Lord. Therefore, every Christian should be willing to pray with any person and encourage anyone no matter the complexity of the situation, but at the same time stay within the limits of his understanding and expertise.
16. A TPM facilitator should seek to minister under spiritual authority and in a community of like-minded ministers who use these principles, and be accountable to them and them to him or her. Every true believer in Christ is a member of Christ's Body working in concert with others through Christ who is the central focus of this ministry. A TPM facilitator should not be acting as a "lone wolf" doing ministry.
17. A TPM facilitator should avoid changing, augmenting or repackaging the Theophostic Principles and seek to apply the principles as they have been taught in as pure a form as possible to avoid misrepresenting this ministry and confusing the Body of Christ. Should he or she choose to do otherwise, such facilitator should clearly state to those with whom he or she offers ministry that he or she is NOT doing Theophostic Prayer Ministry. This will better assure that will not be misled as to what is genuine TPM and what is not.



CrossCounsel

International Ministries, Inc.
Hold Harmless Agreement &
Financial Understanding Form

Name (please print) _____

Street Address _____

City _____ State _____ Zip _____

Phone (Home) _____ (Work / Cell) _____

E-Mail Address _____ Home Church _____

Hold Harmless

My signature on this form indicates that I voluntarily consent to meet with Rev. Steve Freitag or one of the prayer ministers he has trained. I also agree to comply with the "*Financial Understanding*" and "*Cancellation/Missed Appointment*" policy clearly stated on the reverse side.

I understand that Steve Freitag and the prayer ministers at CCIM are trained in prayer ministry principles but that they are not a professional, board certified counselors. *CrossCounsel is not a counseling ministry.* I acknowledge that some or all of the procedures used to provide spiritual and emotional help to me or to anyone present may or may not be clinically demonstrated as guaranteeing either short-term or long-term results.

I voluntarily accept CrossCounsel's help and know that I am free to end my participation at any time for any reason. Once I terminate, however, I accept full responsibility for my choices—even if they are detrimental or harmful to me—and for all aftercare and follow up. I understand that I am fully responsible for any and all consequences for prematurely terminating any intervention that was pursued on my behalf. I will not hold Steve Freitag, CCIM facilitators, CrossCounsel or any church or facility where we meet responsible for what happens there in or as a result of my session(s)—nor do I desire for anyone so act on my behalf. I also acknowledge that he has the right to discontinue ministry to me at any time.

I accept all responsibility for keeping confidential any personal information that may be shared with me during the time that I am in session. I give permission to be anonymously used for testimony purposes.

I understand that my name may be added to CrossCounsel's mailing list unless I ask that it not be.

_____ please initial

Donations to the ministry are tax-deductible.

*CrossCounsel International Ministries, Inc.
4690 Cottage Grove Rd., Madison, WI 53716*

(over)

Financial Understanding

We sustain the ministry via donations. The goal of the CrossCounsel Board is to bring in \$450 per day to cover ministry operation expenses. Our goal is to schedule three to five appointments are usually set each day with our facilitators.

Therefore, for our "Expert Facilitator"* (Steve Freitag), we request a donation of \$90 (a *minimum donation* of \$30 is necessary) for the average 75-minute appointment (some give more). This compares to nearly half of what many counselors charge for 50 minutes. Our board believes that this amount is low considering the expertise and skill found at CrossCounsel.

Thankfully, the Lord has sustained CCIM financially through monthly supporters or special gifts. This helps supplement those who are unable to donate the requested \$90.

_____ please initial

**Our "Advanced Facilitators" request a \$60 donation. Our "Facilitators" request lower amounts. We are always in the process of training and improving our skill levels.*

Cancellation / Missed Appointment Policy

People often wait several weeks to get in. Therefore, when possible, we need to be notified 2 business days ahead of the appointment time for any cancellation. We can then seek to fill that time with someone else.

When this is not possible, the requested \$90 donation is appreciated and the minimum donation of \$30 is expected for the time we have set aside in our schedule. This also applies to missed appointments. People often wait a significant amount of time to receive ministry. Please honor everyone's time. We also stand confident that the ministry the Lord has allowed us to participate in is worthy of this consideration.

_____ please initial

Follow-up

This is a good but difficult journey you are taking. We know it well. We will make an effort to follow up with you. This will most likely, especially in the beginning, come from the person you meet with at CrossCounsel. However, others may simply call to find out how you are doing or to remind you of a future appointment. Rest assured, no confidential information is shared with these people. Always feel free to contact us with questions at any time.

Signature _____ Date _____

Please write checks out to either CrossCounsel or CCIM. Automatic withdrawal is also an option for those wanting to support the ministry on an ongoing basis.