

The Numbers Speak for Themselves: Theophostic Prayer Ministry Shows Effectiveness Over Traditional Approaches

This long awaited study shows what many of us have long believed: When done correctly, Theophostic Prayer Ministry is a legitimate ministry tool.

According to this research, traditional counseling did best to completely resolve addictions at 17%. Compare this to TPM, which had more than three times the effectiveness at 60%.

We in no way want to minimize the role that competent counseling is to play in one's life. We fully support good counsel in many of life's arenas.

Presenting Issue	Experience: Counseling Prior to TPM		Experience: Theophostic Prayer Ministry	
	Completely Resolved	Noticeable to Significant Improvement	Completely Resolved	Noticeable to Significant Improvement
Addictions	17%	37%	60%	86%
Depression	0.04%	28%	23%	77%
Relationship Issues	0.02%	25%	15%	84%
Grief and Loss	0.04%	25%	31%	85%
Panic Attacks	0.07%	26%	42%	84%
Anxiety	0.03%	0.23%	20%	78%
Anger Issues	0.02%	21%	19%	81%
Self-image Issues	0.02%	19%	24%	84%
Phobias	0.04%	19%	29%	80%
Sexual Abuse	0.03%	21%	39%	84%

Results are from **1,977** people who have experienced both traditional counseling and Theophostic Prayer Ministry.

For a more comprehensive study of these results, we recommend the book, Pursuing Peace: www.theophostic.com/trainingmaterials

This study was conducted by Dr. Fernando Garzon, an Associate Professor in the Center for Counseling and Family Studies at Liberty University.

He has a Psy.D. in Clinical Psychology from Fuller Theological Seminary and a B.A. in Biology from Wake Forest University. His interest areas include spiritual interventions in psychotherapy and Christian counselor education. Liberty University does not officially endorse Theophostic Prayer Ministry but rather supports the theological and scientific examination of this and other Christian intervention strategies.