

# Principles of Transformational Prayer Ministry (TPM)

Adapted from Dr. Ed Smith and Josh Smith

## A. Principles of Emotion and Belief

1. God has designed our minds to produce emotion matching our experiential core belief - either positive or negative.
2. Because this is true:
  - a. We feel whatever we believe
  - b. Our feelings will change when our belief(s) changes
  - c. We cannot make ourselves feel anything, neither good nor bad
3. Our current situation is rarely the primary source of our emotional pain
4. Until we take ownership for our emotions, we will remain in a perpetual cycle of self-sustained victimization with no hope for freedom.
5. Painful emotions are beneficial because if we cooperate with God's design, they can:
  - a. Alert us to problems in our belief system
  - b. Motivate us to act in response to those problems
  - c. Help us to determine the true source of those problems

## B. Principle of Double-mindedness

1. A person can hold two or more opposing beliefs at the same time (James 1:5-7).
2. Two opposing beliefs held simultaneously always results in some level of conflict or self-anger.
3. It requires no more effort to live in the truth than it does to live in lies – even if we are unaware of the lies.

## C. Principle of Consequence

1. Believing a lie can have the same consequence as though it were the truth
2. We respond to what we believe (i.e. the power of a practical joke)

## D. Principle of Ownership

1. Unless the person is willing to let go of blaming others, God or his situation as the only source of his emotional pain, he will remain in bondage
2. This is a new concept for many and may take time to change
3. Holding on to blame or victimization is rooted in lie-based thinking and can be addressed by the Lord when the person is willing.

## E. Principle of Context

1. Our minds are *association engines*, constantly interpreting the present to historical interpretations of our life experiences.
2. Memory is the context or container of information needed to clearly identify what we presently believe.
3. Our emotional pain does not come from the memory, but rather from our present lie-based core belief(s). Therefore, memory (or our experience) is not the real problem.
4. We interpret our present situation from our current core belief(s). When our present core belief is renewed with truth, both the memory and the present situation will feel different.
5. Because this is true, memory does not need to be "healed" or changed.

- F. Principle of Belief & Choice (Belief >>>Emotion>>>Choice)
  - 1. Much of what we do is rooted in core belief, motivated by emotion, resulting in the choices we make.
  - 2. Most everything that occurs in the ministry session is based upon what the person believes and the consequential choices he or she makes.
  - 3. The exceptions to this are:
    - a. External Forces
    - b. A Facilitator's Misdirection
  
- G. Principle of Divine Dependence
  - 1. We cannot know truth experientially apart from the Holy Spirit (John 16:13).
  - 2. The Lord Jesus is the Source and Purifier of our faith and only He can free us from the lies we believe (Hebrews 12:2).
  
- H. Principle of Biblical Authority
  - 1. The written Word of God is the standard for validating what occurs in TPM.
  - 2. Facilitators are served well by being biblically grounded.
  
- I. Principle of Continuance
  - 1. Mind renewal is a lifelong ongoing process.
  - 2. Facilitators are to lead the way in this principle