

What to Expect from Your CrossCounsel Facilitator

Adapted from Dr. Ed Smith and Josh Smith

1. Transformational Prayer Ministry (TPM) is basically prayer and not traditional counseling (giving advice, diagnosing, providing insight, giving direction, proving steps of action, the facilitator solving the person's problems, etc.). Therefore, the facilitator should not be offering counsel, but rather interceding with you to God. A TPM facilitator should seek to help you discover, with the guidance of the Holy Spirit, the root sources of the emotional pain in your life.
2. A TPM facilitator should not take on the responsibility at any level to resolve your problems, issues or pain in your life. He or she should encourage you to own your emotional pain, take responsibility for your own thinking, not blame other people or circumstances for your emotional reactions and move forward toward God's resolution, which is founded in His Truth.
3. Any information that you shared during this ministry session should be held in utmost confidentiality. A TPM facilitator should not share any information without first obtaining permission from you.
4. A TPM facilitator should avoid all forms of guided imagery and/or directed visualization and seek to allow you to have a genuine mind renewal experience prayerfully directed by the Holy Spirit while avoiding making any additional input.
5. A TPM facilitator should not make ANY suggestions as to what he or she thinks your memory content may contain. He or she should avoid making suggestions as to what he or she assumes your lie-based thinking may be and thus allow you to make this discovery yourself.
6. A TPM facilitator should only ask questions that are reflective of the actual memory content or other pertinent information that you alone have surfaced and avoid all questions or comments that are leading or reflect his or her opinions or assumptions.
7. A TPM facilitator should not attempt to interpret or give explanation to ANY information, visual or other inner mind reality that you report. Rather, he or she should encourage you to listen and receive understanding from the Holy Spirit.
8. A TPM facilitator should not interpret your dreams or visions you may experience outside the ministry session, but rather will only encourage you to identify and embrace any negative emotion that may surface as a result of having these experiences and seek to identify any lie-based thinking that may be related to such.
9. A TPM facilitator should withhold judgment as to whether the content of your memory is true or false since He or she has no way of knowing what is true or not in the context of a ministry session. The facilitator should allow you to come to your own conclusions in your own time concerning the validity of the content of your memories. He or she may help you in validating your memory information to the degree that he or she is able but only if this is what you desire.
10. Should the TPM facilitator personally have some visual picture appear in his or her mind that he or she believes is related to your memory, he or she should not report this to you lest ideas not your own be implanted into your thinking. Should your experience cause the TPM facilitator to see images or pictures, he or she is not to share it until (possibly) after the session.

11. A TPM facilitator should not supply you with what he or she may think God wants you to know during the ministry session. The facilitator should do his or her best not to hinder the ministry process by inputting his or her own personal assumptions, insight or perspectives. If the facilitator does share any information with you, he or she should only do so after the Holy Spirit has brought you into perfect peace by way of His truth and intervention. The desire of the facilitator should be you have a genuine encounter with the Spirit of Christ. The facilitator should reserve his or her sharing knowledge, teaching, giving insight, etc. for the time following the prayer ministry session.
12. A TPM facilitator can ask the Holy Spirit to give you the courage and the grace to let go of your mental defenses, go where you need to go in memory, and thus remember what you are willing to remember and have the capacity to embrace. The facilitator can ask the Holy Spirit to give you the wisdom to discern the lies you believe that are contained in these memories. He or she should not ask Jesus to take you anywhere in your memories since your moving forward is an act of your free will which the Lord chooses not to violate.
13. A TPM facilitator should be careful to discern and call attention to any aspect of "truth" or visual you might receive during a ministry session that does not appear to be authentic and or Biblically consistent. Should this happen, the facilitator should encourage you to evaluate what you have reported with what the Bible says to see what is true or not and where the false information may have originated.
14. A TPM facilitator should not make any diagnosis or suggestive opinion of what he or she may think your problem or emotional mental condition may be unless he or she is a trained and qualified professional, skilled in making such diagnosis.
15. A TPM facilitator should be careful not to go beyond his or her training, expertise or abilities in ministry. The facilitator should seek to network with others who are more equipped and work under their supervision if possible. Should he or she enter in a place that is beyond his or her knowledge and understanding, he or she should seek to defer to others more equipped. At the same time, it is acknowledged that as a member of the Body of Christ every Christian is called to minister, pray and encourage any person who is downtrodden, emotionally wounded or in need of an encounter with the Lord. Therefore, every Christian should be willing to pray with any person and encourage anyone no matter the complexity of the situation but at the same time stay within the limits of his or her understanding and expertise.
16. A TPM facilitator should seek to minister under spiritual authority and in a community of like-minded ministers who use these principles and be accountable to them. Every true believer is a member of Christ's Body working in concert with others through Christ - who is the central focus of this ministry. A TPM facilitator should not be acting as a "lone wolf" doing ministry.
17. A TPM facilitator should avoid changing, augmenting or repackaging the Transformational Principles and seek to apply the principles as they have been taught in as pure a form as possible to avoid misrepresenting this ministry and confusing the Body of Christ. Should he or she choose to do otherwise, such facilitator should clearly state to those with whom he or she offers ministry that he or she is NOT doing Transformational Prayer Ministry. This will better assure that they will not be misled as to what is genuine Transformational Prayer Ministry and what is not.